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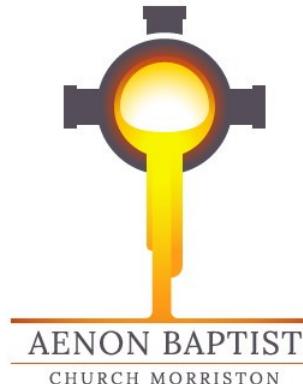
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Monthly Newsletter

January 2026

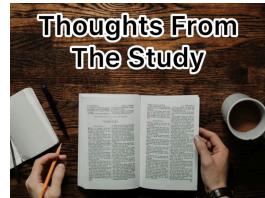


**Serving the
Community Since
1880**

Bible in One Year Reading Plan

January Readings

Old Testament	New Testament	Psalm	Proverbs
□ 01 Genesis 1:1-2:25	Matthew 1:1-2:12	Psalm 1:1-6	Proverbs 1:1-6
□ 02 Genesis 3:1-4:26	Matthew 2:13-3:6	Psalm 2:1-12	Proverbs 1:7-9
□ 03 Genesis 5:1-7:24	Matthew 3:7-4:11	Psalm 3:1-8	Proverbs 1:10-19
□ 04 Genesis 8:1-10:32	Matthew 4:12-25	Psalm 4:1-8	Proverbs 1:20-23
□ 05 Genesis 11:1-13:4	Matthew 5:1-26	Psalm 5:1-12	Proverbs 1:24-28
□ 06 Genesis 13:5-15:21	Matthew 5:27-48	Psalm 6:1-10	Proverbs 1:29-33
□ 07 Genesis 16:1-18:15	Matthew 6:1-24	Psalm 7:1-17	Proverbs 2:1-5
□ 08 Genesis 18:16-19:38	Matthew 6:25-7:14	Psalm 8:1-9	Proverbs 2:6-15
□ 09 Genesis 20:1-22:24	Matthew 7:15-29	Psalm 9:1-12	Proverbs 2:16-22
□ 10 Genesis 23:1-24:51	Matthew 8:1-17	Psalm 9:13-20	Proverbs 3:1-6
□ 11 Genesis 24:52-26:16	Matthew 8:18-34	Psalm 10:1-15	Proverbs 3:7-8
□ 12 Genesis 26:17-27:46	Matthew 9:1-17	Psalm 10:16-18	Proverbs 3:9-10
□ 13 Genesis 28:1-29:35	Matthew 9:18-38	Psalm 11:1-7	Proverbs 3:11-12
□ 14 Genesis 30:1-31:16	Matthew 10:1-23	Psalm 12:1-8	Proverbs 3:13-15
□ 15 Genesis 31:17-32:12	Matthew 10:24-11:6	Psalm 13:1-6	Proverbs 3:16-18
□ 16 Genesis 32:13-34:31	Matthew 11:7-30	Psalm 14:1-7	Proverbs 3:19-20
□ 17 Genesis 35:1-36:43	Matthew 12:1-21	Psalm 15:1-5	Proverbs 3:21-26
□ 18 Genesis 37:1-38:30	Matthew 12:22-45	Psalm 16:1-11	Proverbs 3:27-32
□ 19 Genesis 39:1-41:16	Matthew 12:46-13:23	Psalm 17:1-15	Proverbs 3:33-35
□ 20 Genesis 41:17-42:17	Matthew 13:24-46	Psalm 18:1-15	Proverbs 4:1-6
□ 21 Genesis 42:18-43:34	Matthew 13:47-14:12	Psalm 18:16-36	Proverbs 4:7-10
□ 22 Genesis 44:1-45:28	Matthew 14:13-36	Psalm 18:37-50	Proverbs 4:11-13
□ 23 Genesis 46:1-47:31	Matthew 15:1-28	Psalm 19:1-14	Proverbs 4:14-19
□ 24 Genesis 48:1-49:33	Matthew 15:29-16:12	Psalm 20:1-9	Proverbs 4:20-27
□ 25 Genesis 50:1 - Exodus 2:10	Matthew 16:13-17:9	Psalm 21:1-13	Proverbs 5:1-6
□ 26 Exodus 2:11-3:22	Matthew 17:10-27	Psalm 22:1-18	Proverbs 5:7-14
□ 27 Exodus 4:1-5:21	Matthew 18:1-20	Psalm 22:19-31	Proverbs 5:15-21
□ 28 Exodus 5:22-7:25	Matthew 18:21-19:12	Psalm 23:1-6	Proverbs 5:22-23
□ 29 Exodus 8:1-9:35	Matthew 19:13-30	Psalm 24:1-10	Proverbs 6:1-5
□ 30 Exodus 10:1-12:13	Matthew 20:1-28	Psalm 25:1-15	Proverbs 6:6-11
□ 31 Exodus 12:14-13:16	Matthew 20:29-21:22	Psalm 25:16-22	Proverbs 6:12-15



From the Study Psalm 103:1-2 (Good News Translation)

*1 Praise the Lord, my soul!
All my being, praise his holy name!*

*2 Praise the Lord, my soul,
and do not forget how kind he is.*

How do you define kindness?

The Oxford English Dictionary says it is, 'the quality of being friendly, generous, and considerate'.

The Hebrew word used here means refers to something that is beneficial or deserving. The Greek word used in Luke 6:35, 'he is kind to the ungrateful and selfish', means benevolent.

It seems to me that kindness is in something of short supply in the world today, but if we are to be the body of Christ, revealing His light and love to the world, then kindness cannot be optional, even in the face of ungratefulness; remember how many times God has shown us kindness even when it perhaps wasn't deserved. Even if God had never showed any other kindness, the greatest was that He gave His one and only Son to pay the price for our sins, to take the punishment we deserved, a punishment He never earned.

We have a benevolent, kind, loving God whose goodness just keeps on giving - I believe God still uses His Church to show that kindness, I believe we are still the body of Christ, His hands, feet and mouthpiece in this broken world.

Ask God to guide and strengthen us to always do His will in this New Year, showing genuine kindness and love, and bringing hope.

Be blessed and **be a blessing** in Jesus name,

Pastor Phil.

***Lord Jesus, please help us to live our lives glorifying You.
Thank You Lord, Amen.***

Helpful Contacts and Information



Aenon Baptist Church Website
www.aenonbaptist.org



www.biblegateway.com



YouVersion

Mobile App
Website www.youversion.com

We're Mind Cymru,
the mental health charity
www.mind.org.uk



www.papyrus-uk.org



Empowerment, safety and support for
women and children experiencing
domestic abuse.



The Dementia Hwb located in The Quadrant,
Swansea, is a unique information centre led by
Dementia Friendly Swansea.



Rev. Chris Lewis 01792 - 412755
Councillor Paul Lloyd 01792 - 774482
Reg Charity No 1163300



**MATTHEW'S
HOUSE**

Hospitality &
Hope in the
Heart of
Swansea

07708 115903

New Year Quotes

“Trophies don’t last. Awards come and go. Impressive titles move from one person to the next. But fighting for those who can’t fight for themselves can make an eternal impact.” – Tim Tebow

Tim Tebow is widely recognised for his achievements on the American football and baseball fields, but his true passion lies in serving others. From supporting orphans and advocating for individuals with special needs to aiding victims of human trafficking, Tebow’s actions embody a deep commitment to faith-driven service and compassion.

“I prayed that day when literally the lightbulb went off in my head. I prayed, ‘God, please do not let this fire ever go out from under me.’” – Candace Cameron Bure

Actress Candace Cameron Bure shared a powerful reflection on her faith journey, offering a prayer to God to sustain the “fire” she felt when she first came to know Him. This heartfelt desire to keep her faith vibrant and alive serves as an inspiring reminder for all of us as we enter a new year. Perhaps this same prayer resonates with you as you consider your own spiritual goals and the steps needed to embody the “New Year, new you” mantra.